



How to Measure Your Ring Size

Method 2: Measure Your Finger

INSTRUCTIONS

1. Cut out the strip of paper below. Alternatively, use a white string.



2. Wrap the strip around your ring finger and use a pen to mark where it forms a circle.
3. Use a ruler to measure the length of the strip of paper; this is the circumference.



4. Convert the measurement of the circumference into ring size using the table below.

Circumference (mm)	Ring Size
46.1	6
46.8	7
48	8
49.3	9
50.6	10
51.9	11
52.5	12
53.1	13
54.4	14
55.7	15
57	16
58.3	17
59.5	18
60.8	19
62.1	20
62.7	21
63.4	22
64.6	23
65.9	24
67.2	25
68.5	26
69.7	27
70.9	28
72.1	29